

Curriculum Vitae: **Carolina Seybert do Amaral Pinto Ferreira**

PERSONAL DETAILS

E-Mail: carolina.seybert@uni-ulm.de

Date of birth: 04.11.1981; *Nationalities:* German & Portuguese

Mother tongues: German and Portuguese; *other lang.:* English (Spanish, French, Italian)

EDUCATION

- July 2006 – **Ongoing PhD Psychotherapy (Bio-Hum.)**, University Ulm, Germany
Title: „Categorical or Dimensional? The Differentiation of Techniques in Psychoanalysis, long-term and short-term Psychodynamic Psychotherapy.“
- Oct 2000-Jan 2006 **M. Sc. Psychology**, ISPA, Lisbon, Portugal (5 years degree)
Thesis Title: “E-Mail Therapy: How does it work?” *Supervisor:* Horst Kächele and F. Silva
- 2000 **A-level (Abitur)**, German School in Porto, Portugal

PUBLICATIONS

- 2008 Hörz S, **Seybert C** & Mertens W (2008) Lernerfahrungen und Ratingbeispiele mit dem PQS-R-D. In Albani C, Ablon JS, Levy R, Kächele H, eds., Der “Psychotherapie Prozess Q-Set“ von Enrico Jones – deutsche Version und Anwendung. Verlag Ulmer Textbank, Ulm, Cap. 5, pp. 78-95.
- 2008 Levy RA, Ablon JS, Ackerman JA & **Seybert C** (2008) The Psychotherapy Process Q-set and Amalia X, Session 152 mit klinischem Kommentar zur 152. Behandlungsstunde von Amalie X von Horst Kächele. In Albani C, Ablon JS, Levy R, Kächele H, eds., Der “Psychotherapie Prozess Q-Set“ von Enrico Jones – deutsche Version und Anwendung. Verlag Ulmer Textbank, Ulm, Cap. 2, pp. 7-41.
- 2008 Albani C, **Seybert C** & Kächele H (2008) Psychotherapeutische Prozesse im Lichte des „Psychotherapie Prozess Q-Set“ (PQS) von Enrico E. Jones - empirische Ergebnisse. In Albani C, Ablon JS, Levy R, Kächele H, eds., Der “Psychotherapie Prozess Q-Set“ von Enrico Jones – deutsche Version und Anwendung. Verlag Ulmer Textbank, Ulm, Cap. 6, pp. 96-107.
- 2006 **Pinto Ferreira C¹** (2006) Wie funktioniert e-Mail Therapie? – Eine Einzelfallstudie mit dem “Psychotherapie Q-Sort (PQS)” (How does e-Mail Therapy work? – A case study with the “Psychotherapy Q-Sort (PQS)”.

¹ Please notice that my full name is Carolina Seybert do Amaral Pinto Ferreira

Psychodynamische Psychotherapie, 5: 171-7.

MY RESEARCH EXPERIENCE

- 2008- **Research Associate** at the Psychotherapy Process Research Program (Mass General Hospital - Harvard Medical School, Boston)
- 2007 **PhD preparation** (method and training)
(Organizer and assistant of PQS-Training, at Munich University, with Psy. D. Raymond A. Levy– MGH Harvard Medical School)
- 2006 /2007 **Research Assistant** for project “Autonomie und Abhängigkeit - Bindungsrepräsentation und Mentalisierungsfähigkeit drogenabhängiger Frauen –“ (Autonomy and Dependence – Attachment Representation and Mentalization ability drug-addicted women)
- 2005 – 2006 **Diploma thesis:** “E-Mail Therapy: How does it work?”

TEACHING AND WORK EXPERIENCE

- 2006-2009 **Lecturer**, *Medical Psychology and Medical Sociology Seminar* (1st and 2nd Sem.)
- *Intensive course “Medical Psychology and Medical Sociology Seminar”* and
intensive course “Social competence and Conversational Skills University of Ulm, Germany
- Translations** (occasionally)
- 2005 **Tutor**, *see seminar above; and Seminar “Doctor-patient interaction- Talk with me”* (4th Sem.)
- 2004 – 2005 **Psychology trainee**, University Clinic, Ulm, Germany
- Summer 2003 **Psychology trainee**, Psychiatric und Psychotherapy of Lüdenscheid, Germany
- 2001 – 2004 **Private tutor**, *German lessons as a foreign language*
- Jun - Sep 2001 **Camp Counsellor**, *counselling for children*, Chicago Youth Centres
- 1998 **Au pair**, London, UK